



Utah

http://www.dopl.utah.gov/licensing/massage_therapy.html

Contact Information

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Utah requires a license for massage therapy. The definition of massage is very broad, including stating that massage therapy includes “similar or related activities and modality techniques”. The exemptions do not list structural integration. Utah requires the MBLEx. Another exam may be acceptable if the applicant took it when DOPL previously accepted it. To have the CESI accepted as an exam would require a rules change.

Law and Regulation

[As related generally to the DOPL administrative agency

[DOPL Licensing Act, 58-1](#)

[General Rule for DOPL, R156-1](#) (Aug 21, 2014)]

Statute: [Massage Therapy Practice Act](#)

Utah Code **Title 58 Occupations and Professions Chapter 47b**

Massage Therapy Practice Act

58-47b-102. Definitions.

(6) "Practice of massage therapy" means:

(a) the examination, assessment, and evaluation of the soft tissue structures of the body for the purpose of devising a treatment plan to promote homeostasis;

(b) the systematic manual or mechanical manipulation of the soft tissue of the body for the purpose of:

(i) promoting the therapeutic health and well-being of a client;

(ii) enhancing the circulation of the blood and lymph;

(iii) relaxing and lengthening muscles;

(iv) relieving pain;

(v) restoring metabolic balance;

(vi) achieving homeostasis; or

(vii) other purposes;

- (c) the use of the hands or a mechanical or electrical apparatus in connection with this Subsection (6);
- (d) the use of rehabilitative procedures involving the soft tissue of the body;
- (e) range of motion or movements without spinal adjustment as set forth in Section 58-73-102;
- (f) oil rubs, heat lamps, salt glows, hot and cold packs, or tub, shower, steam, and cabinet baths;
- (g) manual traction and stretching exercise;
- (h) correction of muscular distortion by treatment of the soft tissues of the body;
- (i) counseling, education, and other advisory services to reduce the incidence and severity of physical disability, movement dysfunction, and pain;
- (j) *similar or related activities and modality techniques*;
- (k) the practice described in this Subsection (6) on an animal to the extent permitted by:
 - (i) Subsection 58-28-307(12);
 - (ii) the provisions of this chapter; and
 - (iii) division rule; or
- (l) providing, offering, or advertising a paid service using the term massage or a derivative of the word massage, regardless of whether the service includes physical contact.

Exemptions

http://le.utah.gov/xcode/Title58/Chapter47B/58-47b-S304.html?v=C58-47b-S304_2014040320140513

and

http://le.utah.gov/xcode/Title58/Chapter1/58-1-S307.html?v=C58-1-S307_1800010118000101

Local government may create more restrictive

regulation: http://le.utah.gov/xcode/Title58/Chapter47B/58-47b-S305.html?v=C58-47b-S305_1800010118000101

Regulation: [Massage Practice Act Rule, R156-47b](#) (Mar 8, 2016)

Examination

R156-47b-302b. Qualifications for Licensure - Examination Requirements.

In accordance with Subsections 58-47b-302(2)(f) and 58-47b-302(3)(f), the examination requirements for licensure are defined, clarified, or established as follows:

- (1) Applicants for licensure as a massage therapist shall pass the Federation of State Massage Therapy Boards (FSMTB) Massage and Bodywork Licensing Examination (MBLEx).
- (2) Predecessor exams shall be accepted if the exam was passed during the time the exam was accepted by the Division.

Board Members and Minutes

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<http://utah.gov/pmn/sitemap/publicbody/819.html>