



Texas

<https://www.dshs.state.tx.us/massage/>

### Contact Information

Massage Therapy Licensing Program  
Texas Department of State Health Services

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**Texas licenses massage therapy. Please, read the statutory definition to determine whether it applies to your practice. IASI has word that the agency regulating massage does not consider that the definition applies to SI and that someone has a letter confirming this from the agency. However, there is no official statement to this effect on their website, and we do not have a copy of the letter. You may wish to speak with local practitioners or a lawyer to confirm your standing. There is no massage board, so there are no meetings, minutes, agendas.**

### Law and Regulation

#### Statute

<http://www.statutes.legis.state.tx.us/Docs/OC/htm/OC.455.htm>

Occupations Code, Title 3, Subtitle H, Chapter 455

#### **Sec. 455.001. DEFINITIONS.** In this chapter:

(8) "Massage therapy" means the manipulation of soft tissue by hand or through a mechanical or electrical apparatus for the purpose of body massage and includes effleurage (stroking), petrissage (kneading), tapotement (percussion), compression, vibration, friction, nerve strokes, and Swedish gymnastics. The terms "massage," "therapeutic massage," "massage technology," "myotherapy," "body massage," "body rub," or any derivation of those terms are synonyms for "massage therapy."

### Regulation

[http://texreg.sos.state.tx.us/public/readtac\\$ext.ViewTAC?tac\\_view=5&ti=25&pt=1&ch=140&sch=H](http://texreg.sos.state.tx.us/public/readtac$ext.ViewTAC?tac_view=5&ti=25&pt=1&ch=140&sch=H)

Texas Administrative Code, Title 25 Part 1 Chapter 140 Subchapter H

### Examination

[http://texreg.sos.state.tx.us/public/readtac\\$ext.TacPage?sl=R&app=9&p\\_dir=&p\\_rloc=&p\\_tloc=&p\\_ploc=&pg=1&p\\_tac=&ti=25&pt=1&ch=140&rl=313](http://texreg.sos.state.tx.us/public/readtac$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=25&pt=1&ch=140&rl=313)