



NEW JERSEY DIVISION OF CONSUMER AFFAIRS

New Jersey Board of Massage and Bodywork Therapy

<http://www.njconsumeraffairs.gov/mbt/>

Contact information:

New Jersey Board of Massage and Bodywork Therapy
PO Box 47032
Newark, NJ 07101
(973) 504-6520

To email board:

<http://www.njconsumeraffairs.gov/mbt/Pages/contactus.aspx>

New Jersey had Volunteer Certification for Years. Licensure was adopted in September 2012.

The definition of massage is broad. There are no exemptions.

45:11-55 Definitions relative to practice of massage and bodywork therapies.

"Massage and bodywork therapies" or "massage and bodywork" means systems of activity of structured touch which include, but are not limited to, holding, applying pressure, positioning and mobilizing soft tissue of the body by manual technique and use of visual, kinesthetic, auditory and palpating skills to assess the body for purposes of applying therapeutic massage and bodywork principles. Such application may include, but is not limited to, the use of therapies such as heliotherapy or hydrotherapy, the use of moist hot and cold external applications, explaining and describing myofascial movement, self-care and stress management as it relates to massage and bodywork therapies. Massage and bodywork therapy practices are designed to affect the soft tissue of the body for the purpose of promoting and maintaining the health and well-being of the client. Massage and bodywork therapies do not include the diagnosis of illness, disease, impairment or disability. <http://law.justia.com/codes/new-jersey/2015/title-45/section-45-11-55/>

Board Meetings, Agenda, and Minutes are all listed on the same page

<http://www.njconsumeraffairs.gov/mbt/Pages/meetings.aspx>

Board Members

<http://www.njconsumeraffairs.gov/mbt/Pages/members.aspx>

Law & Regulations Page

<http://www.njconsumeraffairs.gov/mbt/Pages/regulations.aspx>

To look at the actual law is not straightforward. They give you links to courtesy copies of the statute and to the administrative rules with a disclaimer that the text may not be accurate. On the statute courtesy copy, they give a web address to the New Jersey Legislature's page that has a link on the left side to an unwieldy and unsearchable database of statutes if you wish to see the official text.

Link to the unofficial courtesy copy of the statute, Title 45:11-53 to 45:11-80:
<http://www.njconsumeraffairs.gov/Statutes/massagelaw.pdf>

You may also want to search [justia.com](http://www.justia.com) for the statute: <http://law.justia.com/codes/new-jersey/2015/title-45/>

Link to the unofficial courtesy copy of the Administrative Code:
<http://www.njconsumeraffairs.gov/regulations/Chapter-37A-New-Jersey-Board-of-Massage-and-Bodywork-Therapy.pdf>

Link to the official text of the Administrative Code
<http://www.lexisnexis.com/hottopics/njcode/>

TITLE 13. LAW AND PUBLIC SAFETY

CHAPTER 37A. NEW JERSEY BOARD OR MASSAGE AND BODYWORK THERAPY RULES