



## Delaware

### Contact Information

#### Phone - Fax - Email

(302) 744-4500

(302) 739-2711

[customerservice.dpr@state.de.us](mailto:customerservice.dpr@state.de.us)

#### Mailing address:

Cannon Building,

Suite 203

861 Silver Lake Blvd.

Dover, DE 19904

**Structural Integration is currently licensed as massage in Delaware. The statute is fairly broad, but the Administrative Rules make clear that “Hellerwork” and “Rolfing” are considered “massage” by name. Although statute allows for “a nationally prepared and administered exam,” the rules restrict acceptable exams to the MBLEx, NCTMB, and NCBTMB.**

### Law and Regulation

**Statute:** [24 Del. C., Chapter 53.](#)

§ 5302 Definitions.

The following words, terms and phrases, when used in this chapter shall have the meanings ascribed to them under this section, except where the context clearly indicates a different meaning:

(3) "Massage and bodywork therapist" shall mean a person who represents himself or herself to the public by any title or description of services incorporating the words "bodywork," "massage," "massage therapist," "massage therapy," "massage practitioner," "massagist," "masseur," "masseuse," or who engages in the practice of massage and bodywork for a fee, monetary or otherwise.

(4) "Massage technician" shall mean a person, who is certified with the Board to perform certain functions within the practice of massage therapy, and who is authorized by the Board to use any title or description of services incorporating the words "bodywork," "massage," "massage practitioner," "massagist," "masseur," "masseuse," or certified massage technician" but shall be prohibited from using the words "therapist" or "therapy."

(6) "Practice of massage and bodywork" shall mean a system of structured touch applied to the superficial or deep tissue, muscle, or connective tissue, by applying pressure with manual means. Such application may include, but is not limited to, friction, gliding, rocking, tapping, kneading, or nonspecific stretching, whether or not aided by massage oils or the application of hot and cold treatments. The practice of massage and bodywork is designed to promote general relaxation, enhance circulation, improve joint mobilization and/or relieve stress and muscle tension, and to promote a general sense of well-being.

## § 5306 Powers and duties.

(a) The Board of Massage and Bodywork shall have authority to:

(3) Designate the written examination to be taken by all persons applying for licensure as massage and bodywork therapists, subject to approval by the Director of the Division;

(4) If the examination is not otherwise available, to provide for the administration of all examinations, including notice and information to applicants. The Board shall adopt a nationally-prepared and administered massage and bodywork therapy examination, subject to approval by the Director of the Division;

## **Administrative Rules**

Delaware Regulations : Administrative Code : Title

24: <http://regulations.delaware.gov/AdminCode/title24/5300.shtml>

Authenticated PDF version: <http://regulations.delaware.gov/AdminCode/title24/5300.pdf>

2.4 "Massage and bodywork" includes, but is not limited to, the following practices or modalities:  
... Hellerwork, Roling,...

## 5.0 Examination

5.1 A person applying for licensure as a massage and bodywork therapist shall take one of the following written examinations:

5.1.1 The National Certification Examination for Therapeutic Massage or for Therapeutic Massage and Bodywork administered by the National Certification Board for Therapeutic Massage and Bodywork ("NCBTMB"). The Board will accept as passing scores on the exams the passing scores established by the NCBTMB.

5.1.2 The MBLEx examination administered by the Federation of State Massage Therapy Boards ("FSMTB"). The Board will accept as a passing score on the exam the passing score established by the FSMTB.

## **Board Members**

<http://dpr.delaware.gov/boards/massagebodyworks/members.shtml>

## **Meetings, Agendas, and Minutes**

<https://egov.delaware.gov/pmc/#agency52>